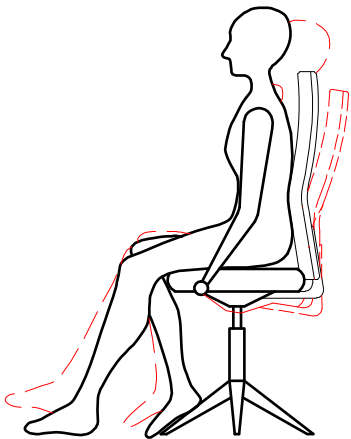
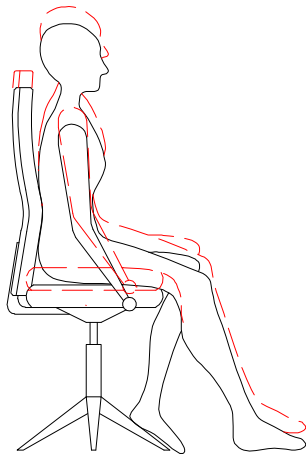


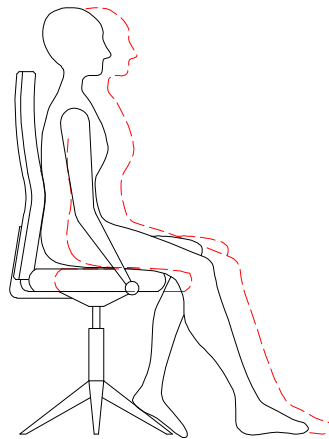
Thomas Montgomery Ltd M14 Task Chair



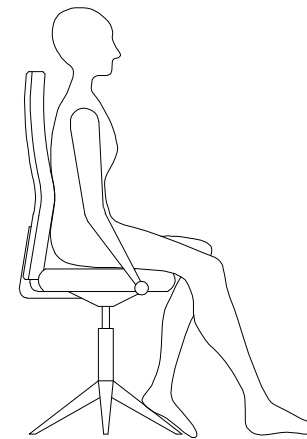
Synchro Back and Seat Angle Adjustment
Front left hand paddle
Lift front left paddle up to unlock, push down to lock, Lockable in 6 positions with antikickback facility



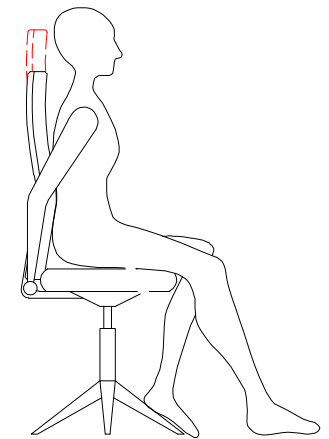
Seat Height Adjustment
Front right hand paddle
Lift paddle up whilst lifting weight out of seat to raise
Lift paddle whilst seated to lower height



Seat Slide Adjustment
Front right hand button
Push and hold button in to slide seat forward, release to lock
To reset push and hold button in to return seat



Synchro Tilt Tension Adjustment
Front right hand handle
Pull handle out, wind clockwise to increase weight tension, anticlockwise to reduce.



Back Height Adjustment
Rear right hand button underneath backrest
Push button up whilst raising back height, release to lock
Repeat process to lower back