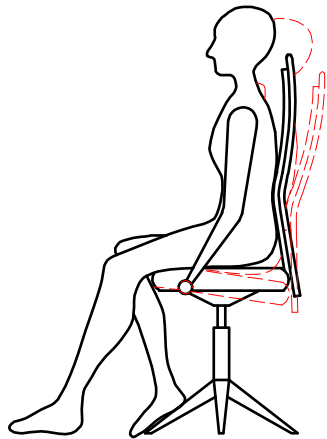
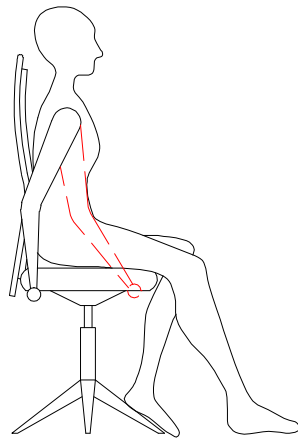


# Thomas Montgomery Ltd XonTask Range



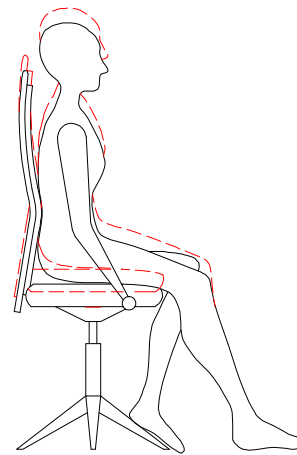
## **Synchro Seat and Back Angle Adjustment**

Front left hand paddle  
Lift paddle up to unlock, push down to lock,  
Lockable in 6 positions with antikickback facility



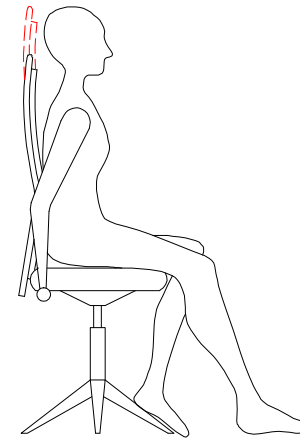
## **Synchro Tilt Tension Adjustment**

Front right hand handle  
Pull handle out, wind clockwise to increase weight tension, anticlockwise to reduce.



## **Seat Height Adjustment**

Front right hand paddle  
Lift paddle up whilst lifting weight out of seat to raise  
Lift paddle whilst seated to lower height



## **Back Height Adjustment**

Provided by ratchet mechanism,  
Lift up to adjust. Lift back to top position and drop to reset.